Softball Team Camp @ UAB
Information

Monday, July 19th

11:00-12:30 Check-in at Blazer Hall –16th Street and 10th Ave South

Teams are responsible for their own lunch.

Teams may check in and then go eat.

1:00 Meeting at **Bartow Arena**, 617 13th Street South

(Park in the old grocery store lot at the corner of 6th Ave and 13th street and enter in between two sets of stairs on 13th St. side)

All teams will report to the Green and Gold room for the indoor sessions. Team will report to the field straight from Bartow Arena (bring equipment) No cleats in Bartow Arena, please.

3:00 Skills clinic/Team Building Session at the UAB Softball Field

6:00 Cookout at Green by Blazer Hall

6:30 – 8:30 Swim at Recreational Center

Tuesday, July 20th Field 6 Field 3

Games start at 9:00, with the last games to start at 4:00.

Your team will also participate in an Agility Training Session.

Wednesday, July 21st

Games start at 9:00, with the last games to start at 4:00.

*** Each school is responsible for transporting their athletes to the softball field.

***Team may wear uniforms or practice gear.

***Please let our trainer know about any medical conditions upon arriving.

***Games will be on an hour and one half time limit.

Looking forward to working with everyone!!

Coach Townsend